



THE DYNAMO

Who We Are

dy • na • mo [dahy-n*uh*-moh] *noun* (plural dynamos) 1. a device which changes energy of movement into electrical energy. 2. an energetic force. 3. an extremely energetic person.

Profile

LAIII — Lopes Associates is a young company, founded in Porto, in 2014. The ambition to face new challenges led the three partners to break away from the past and create and develop a new generation of engineering, based on knowledge, rigor, innovation and creativity.

OUR LOGO, OUR IDENTITY

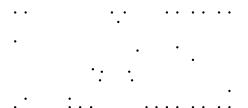
TRIANGLES HAVE ALWAYS BEEN A FUNDAMENTAL GEOMETRICAL SHAPE, WITH ENORMOUS SIGNIFICANCE, SPECIALLY NOWADAYS. THEY NOT ONLY REPRESENT THE TWO BASIC DIMENSIONAL SHAPE BUT ALSO ARE THE SIMPLEST GEOMETRICAL DECOMPOSITION OF ANY COMPLEX FORM. THEY ARE THE FOUNDATION OF THE GEOMETRICAL 3D MODELING AND THEY ARE USED EVERYDAY IN ARCHITECTURE AND ENGINEERING, SUCH AS, ON A TERRAIN MESH, A PATTERN, OR ON A TOPOGRAPHIC PROJECTION. FOR THESE REASONS, WE THOUGHT WE SHOULD TRY TRIANGLES!

Nowadays, it is evident that the traditional ingredients applied in engineering, architecture and in construction, limit its evolution in the aspiration to go forward, to follow new paths and to think outside the box, because there are no standard solutions for unique problems.

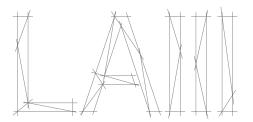
The search of simple solutions means, many times, to navigate complex

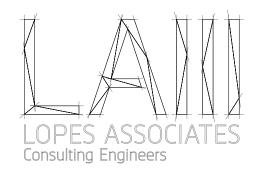
paths, putting predictability and stability aside, embracing the unknown, changing and believing.

TO FOLLOW
NEW PATHS
AND TO THINK
OUTSIDE THE
BOX.













Team and Partners

Despite the youth of the company, the accumulated experience of our team in a wide spectrum of national and international projects, involving notable architects and clients. in a safe and bold way.

Our multi-disciplinary team, has advanced skills in various

fields of civil engineering. We are specialists in various areas, such as; structures, geotechnics, building physics and urban infrastructures, assisted by qualified technicians. This allows us to face new challenges allows us to carefully fulfil every requirement.

> On a global vision, we articulate our activity with other partners

This fact, allows us not only to provide complementary services, as well as, adjust to different scales and manage resources in a more effective way.

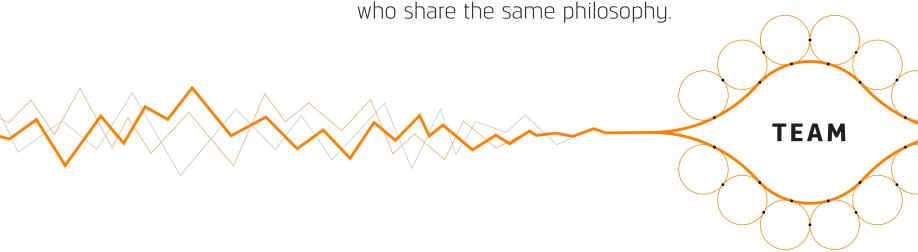
What Moves Us

The constant contact with the state of the art, the connection to professional and academical institutions and the constant awareness of research and development activities are the fundamental basis to progress technically, either by doing the analysis of complex structures, by studying parametric geometries, or by assessing fluid

dynamics. We face any technical advances as an opportunity to add value to what we do. An unknown opportunity is a rejected option.

The search for solutions is what moves us, the capacity and the knowledge to overcome

problems, the quality and the technical rigor, the sustainability and the elegance of the result, the maximization and resources optimization, the challenge. But, above all, curiosity and the will to learn are what moves us.



What is? What if? What wows? What works? Problem Arises Solution Stands Out

DE-CONSTRUCT

What We Do and How

de • con • struct [dee-k*uh* n-struhkt] *verb* 1. analyze (a text or linguistic or conceptual system) by *deconstruction*. 2. reduce (something) to its constituent parts in order to reinterpret it.

Expertise

Nowadays, it is not enough to have the freedom to meet the client's basic requirements, we also need to meet the user's expectations, which implies understanding everything that is behind certain objectives. Overcoming difficulties requires understanding the demands of a diversity of stakeholders, not only during the process (of the project production), but also afterwards, during the usage stage (as a final product).





It is not just weaving independent solutions, it is necessary to take on the commitment and have the flexibility to cooperate with different stakeholders, have the expertise to filter the noise and, thus, shape the bridge between the requirements and needs of the clients with the expectations of the users.

Disciplines Expertise

Our activity comprises of a series of disciplines for which we are highly prepared, with emphasis on the following:

Buildings

Structures / Special Foundations / Water Supply / Gas Supply / Wastewater Drainage / Stormwater Drainage / Thermal and Acoustic Analysis / Natural Ventilation / Fire Protection

Urban Infrastructures

Retaining Structures / Geotechnical Interventions / Urban Arrangements / Water Supply and Distribution Systems / Wastewater and Stormwater Systems / Gas Systems / Road Design

We provide other technical disciplines in association with our partners with whom we usually work.

Provided Services

We are available and prepared to provide a variety of quality services such as:

Feasibility Studies / Partnerships in Competitions / Consultancy / Technical Advice / Conceptualization / Technical Design / Technical Detailing / Design Checks / Project Revision and Assessment

Day-to-day

We face the challenges that arise as a team, always. It is fundamental for us to share problems, concerns and advice.

We see the coordination between all of us as a necessity to obtain the desired results, mostly by the client. We rely on solid planning and on cautious organization. We believe the attention to detail is not a thing of the past. We do not see technology as a headache but as a powerful tool to support our thoughts.



Tools

In order to meet the internal and external needs, including standards, timings, quality and, mostly important, the expectations, we use a vast collection of software applications on a daily basis. In addition, we also develop some application to strengthen our activity and to assist us on very thorough projects that require us to be meticulous. We are continually looking over the latest developments and curious to try new tools. Despite our openness, the selection of

the most used applications in our office are presented in the following list:

No file selected.

- · AutoCAD®
- · Civil 3D® and StormNET®
- · Rhino3D® and Grasshopper®
- · Revit® Structures and MEP
- · Vasari and Dynamo
- · Robot™ Structural Analysis
- · Octopus
- · CypeCAD and Cype MEP
- · Metal 3D

Excellence

Creating something involves spending energy doing it. Being honest with ourselves means

any substandard result. For this reason, we outline and follow our set of processes of our quality

QUALITY MANAGEMENT SYSTEM

THIS IS A SET OF COORDINATED ACTIVITIES TO DIRECT AND CONTROL
AN ORGANIZATION IN ORDER TO CONTINUALLY IMPROVE THE
EFFECTIVENESS AND EFFICIENCY OF ITS PERFORMANCE.

THE ISO 9000 IS A FAMILY OF INTERNATIONAL STANDARDS DESIGNED TO HELP ORGANIZATIONS TO DEAL WITH THE FUNDAMENTALS OF QUALITY MANAGEMENT SYSTEMS.

ISO 9001 IS ONE OF THE MOST WIDELY USED MANAGEMENT TOOLS IN THE WORLD TODAY.

we have to be careful tailoring the solutions with the deserved quality, avoiding shortcuts to

management system, ensuring every variable is taken into consideration and any deviation

IMPROVE

or mistake is tuned without any major setback.

The rigorous implementation of such methodology requires synchronized work to make everything fit together. However, we have no doubts that our work and efforts, focusing on excellence, will pay off in the end.

MAKING

Projects and Other Ventures

mak • ing [mey-king] noun 1. the process of making or producing something. 2. (makings) the essential qualities needed for something.

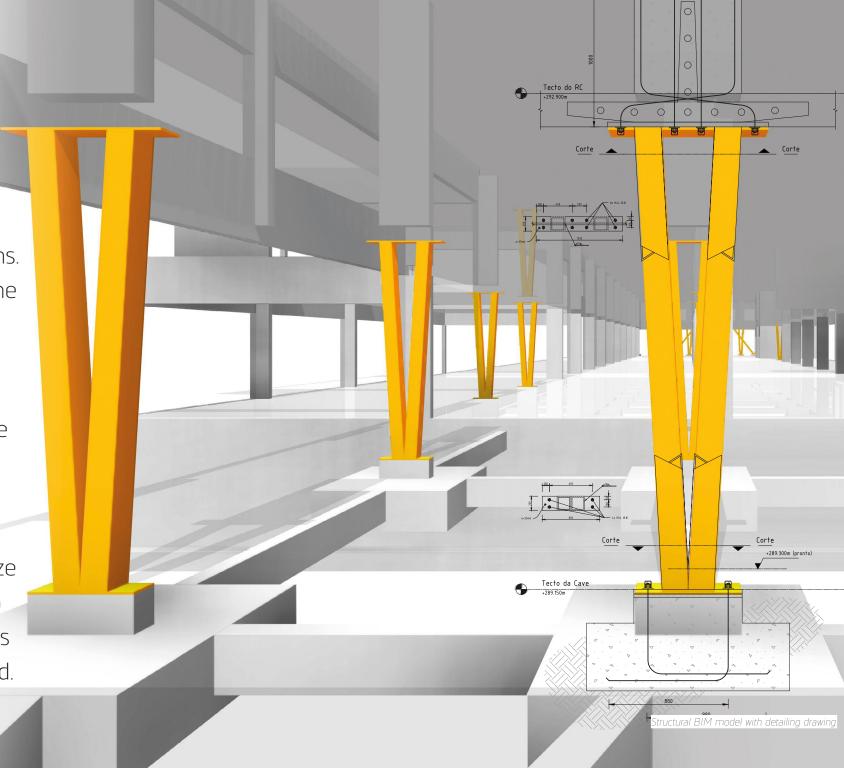


Buildings

Buildings have, undoubtedly, been the most expressive man-made structures. Varying in shape, size, materials and functionality, buildings have, throughout time, symbolized the legacy of a civilization or a piece of history of mankind.

However, the progress in engineering, architecture and technology made us design buildings today far different from the ones before. The adoption of technologies, such as, BIM, parametric design and advanced software allows us to coordinate and orient our

focus to more sustainable and optimized solutions. Following are some of the selected projects we were involved in. They represent, in some way that we are step ahead in our company, not because of the size or cost but due to the the techniques and methods used.



Penafiel School Centre Portugal

JB Távora Architects

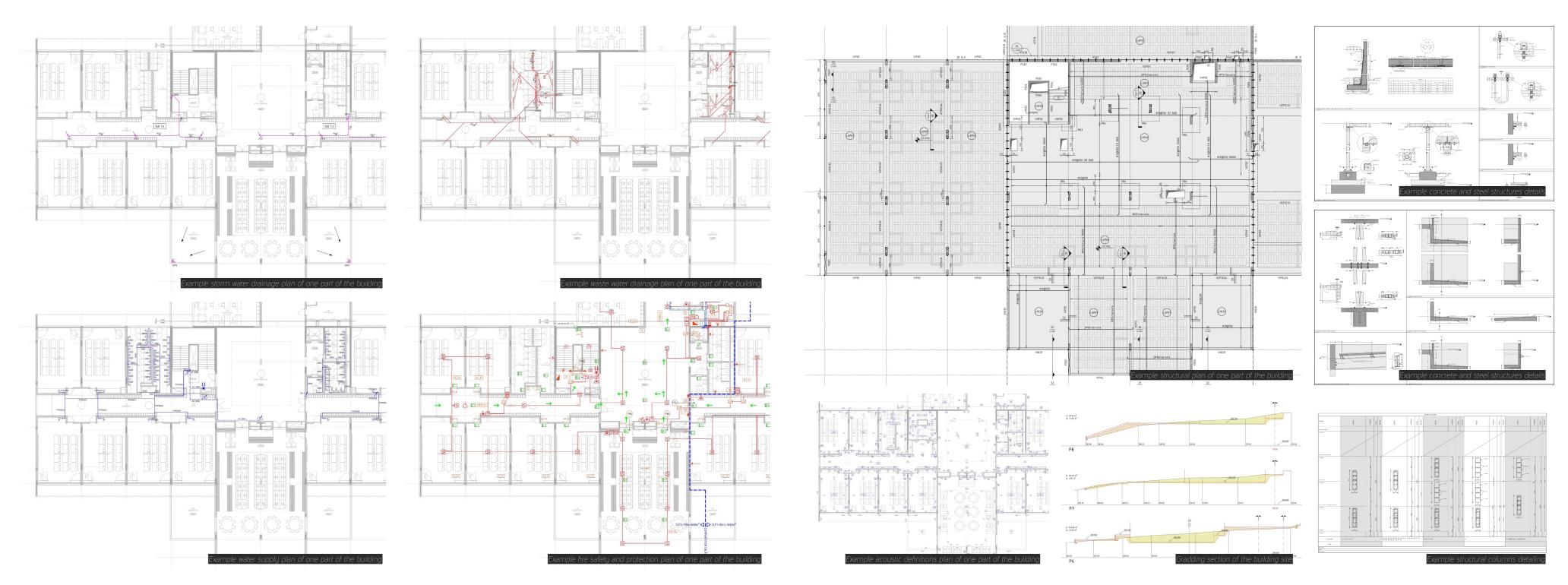
Located on the top of a wide valley, this 8000 square meter building benefits from an interesting landscape composition with good solar exposure. With accesses at different levels, the combination of shined regular concrete shapes with a set of dynamic V shape steel columns differentiates the volumes and integrates the structures in the spaces where they are visible.

The school centre, composed by a car park basement, two class room floors, a library and appending facilities, and also a sports pavilion, provides high standard conditions for the students.

Due to floor height limitation, the structural design had to deal with all the imposed constraints, being these restrictions overcome without putting the safety at risk while respecting all the architectural requirements.

This project was done by using a waffle slabs to reduce unnecessary dead weight and customized steel beam with variable optimized sections, with heights greater than 350 millimeters, but never exceeding 650 millimeters, being able to span up to 24 meters. The duplication of vertical structure on the expansion joints was bypassed by the employment of a shear dowel system, taking advantage of the shear transfer from on side to the other whilst allowing each piece of the building to expand and contract without any restriction.

Consultancy and Design: Foundations / Structures / Water and Gas Supply / Wastewater and Stormwater Drainage / Fire Safety / Acoustic / Electricity and Telecommunications (partnership) / HVAC (partnership) / Solid Waste



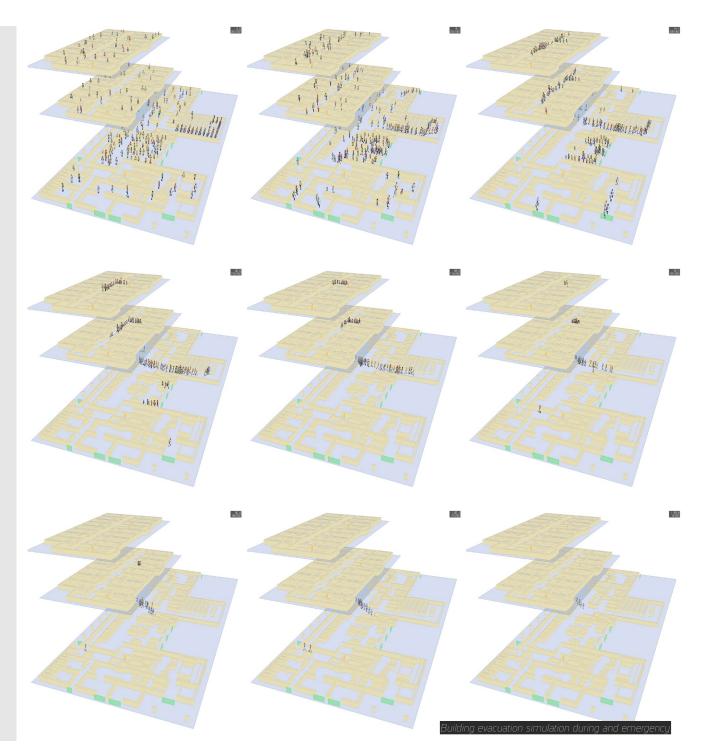
Football Campus Hotel Angola

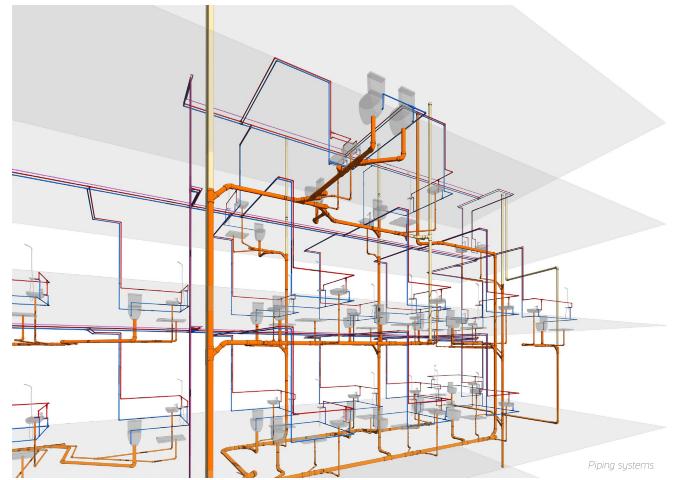
Miguel Cardoso Architects

During the concept stage, as the layout progressed, it was evident that fire safety of this three story hotel for professional sport athletes could be a limitation of the design. To keep any hiccups away, detailed examination of the evacuation of the building was performed, so the occupants could exit the building safely and at the proper speed during an emergency.

Another important factor for the engineering team was to make the building fully autonomous from the external infrastructures since some of them were not immediately available and others are not fully operational all the time.

Consultancy and Design: Foundations / Structures / Water and Gas Supply / Wastewater and Stormwater Drainage and Treatment / Fire Safety / Electricity and Telecommunications (partnership) / HVAC (partnership)





Morro Bento Health Centre Angola

Miguel Cardoso Architects

A seven story medical building, comparable to a hospital, characterized by the strict coordination between the different MEP services due to its complexity, particularly the piping systems to support the clinical equipment and rooms.

Consultancy and Design: Foundations / Structures / Water and Gas Supply / Fire Safety / HVAC (partnership) / Wastewater and Stormwater Drainage and Treatment / Electricity and Telecommunications (partnership) / Special Systems (partnership)

BIM
(BUILDING INFORMATION
MODELING)

BIM IS AN INTELLIGENT
MODEL-BASED PROCESS
THAT PROVIDES INSIGHT TO
HELP PLANNING, DESIGNING,
CONSTRUCTING, AND
MANAGING BUILDINGS AND
INFRASTRUCTURES.

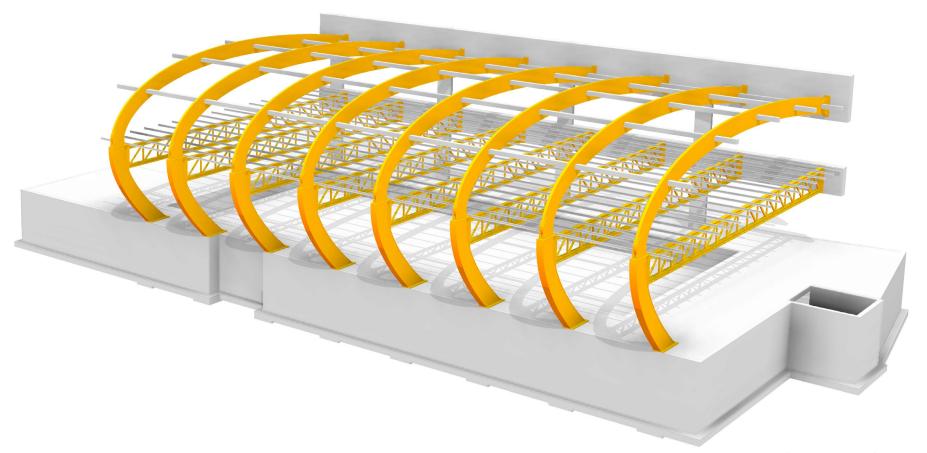
BY ESTABLISHING A BIM VISION,
SUPPORTED BY PROCESSES
AND WORKFLOWS, IT ALLOWS
FOR INNOVATION ACROSS THE
PROJECT, FOR MORE CREATIVE
DESIGNS AND OPTIMIZED
ENGINEERING SOLUTIONS.
BIM PROVIDES THE RIGHT
INFORMATION TO THE RIGHT
PEOPLE AT THE RIGHT TIME.

Rosário College Sport Pool Building Portugal

Morais Soares Architects

Composed by two volumes intersecting each other, this building distinguishes itself, not only because of the vaulted body where suspended swimming pool lies and the gym room above it, but also because of the use of different structural materials, as concrete, steel (curved columns and trusses) and wood (arched beams and roof), providing a captivate structural solution to be exposed.

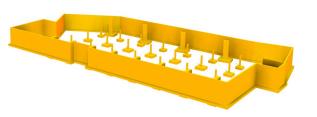
Consultancy and Design: Foundations / Structures / Water and Gas Supply / Wastewater and Stormwater Drainage / Fire Safety / Thermal / Acoustic / Ventilation and Extraction







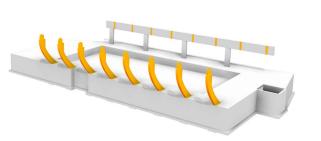
Staged construction evolution of the pool section.



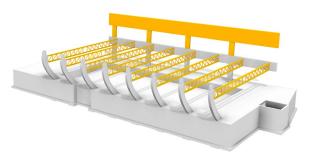
Construction of the foundations and basement structures.



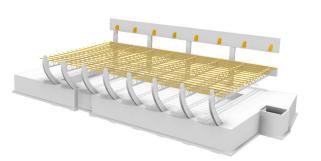
Construction of the pool, ground floor slab and 1st floor supporting frame.



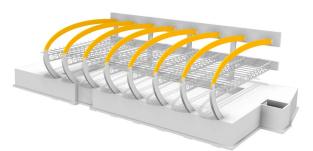
Assembly of the curved steel columns and the floor trusses supports.



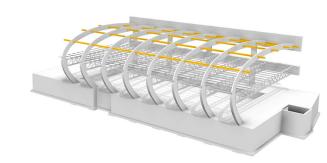
Assembly of the floor trusses and construction of the 2^{nd} floor supporting frame.



Assembly of the floor beams and the roof beams supports.



Assembly of the arched roof main wood beams.



Assembly of the roof secondary wood beams.



Complete structure of the pool section.

Aveleda Enoturism Portugal

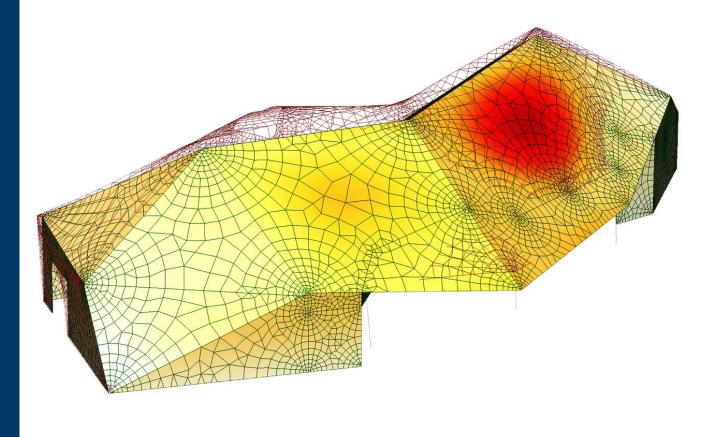
Morais Soares Architects

Despite the small scale of this geometrically complex shell of exposed concrete, this project primes for its sustainability and its landscape integration. A series of structural and thermal studies were made in order to comply with the architectural requirements and client needs, resulting in an economical building which is fully integrated with the environment.

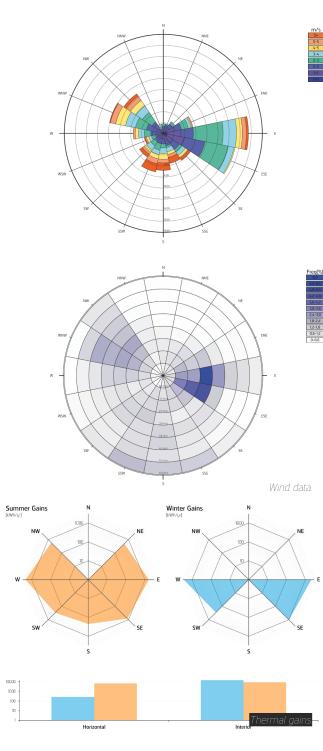
Consultancy and Design: Foundations / Structures / Water Supply / Wastewater and Stormwater Drainage / Fire Safety / Thermal / Acoustic / Ventilation and Extraction

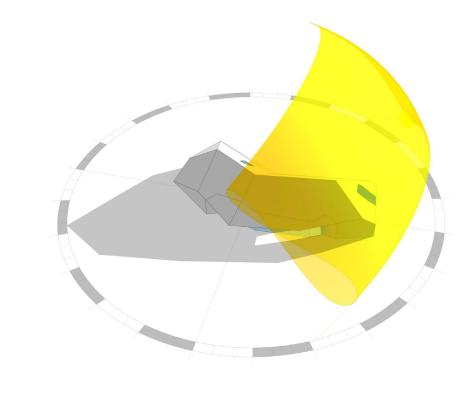
SEISMIC DESIGN

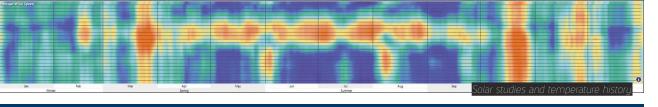
IS A SUBSET OF STRUCTURAL
ANALYSIS AND THE
CALCULATION OF THE
RESPONSE OF A STRUCTURE
TO EARTHQUAKES. IT IS
PART OF THE PROCESS
OF STRUCTURAL DESIGN,
EARTHQUAKE ENGINEERING
OR STRUCTURAL ASSESSMENT
AND RETROFIT (IN REGIONS
WHERE EARTHQUAKES ARE
PREVALENT).



Deformation and results of the seismic analysis of the building.

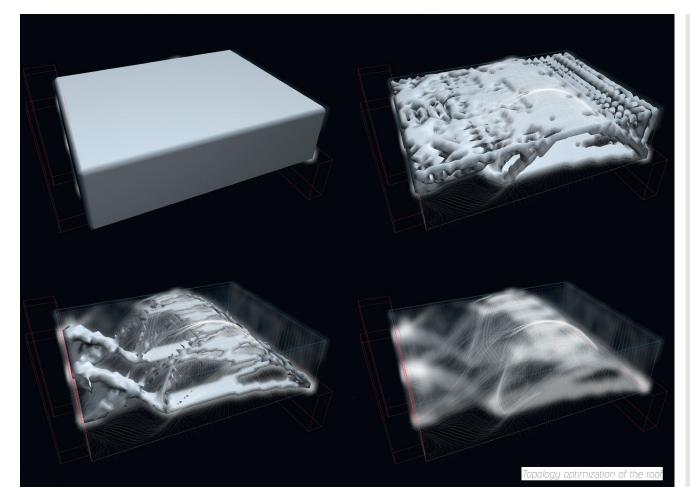






SUSTAINABLE AND PERFORMANCE ORIENTED DESIGN

THE PHILOSOPHY IS TO DESIGN SOMETHING COMPLYING WITH THE PRINCIPLES OF SOCIAL, ECONOMIC, AND ECOLOGICAL SUSTAINABILITY, ELIMINATING NEGATIVE ENVIRONMENTAL IMPACT COMPLETELY THROUGH SKILLFUL PERFORMANCE AND ORIENTED DESIGN, CREATING PROJECTS THAT ARE MEANINGFUL AND THAT CAN SHIFT BEHAVIOUR.



Amarante Theatre Portugal

Bárbara Abreu & João Abreu Architects

The competition for the refurbishment of this splendid 50's theatre, right in the historical city centre, gave us the opportunity to hold new ventures during the concept stage, providing a combination of an historic piece of architecture with modern aesthetics without neglecting the intrinsic value of the building.

Consultancy and Design: Foundations / Structures / Water and Gas Supply / Wastewater and Stormwater Drainage / Acoustic / Fire Safety

TOPOLOGY OPTIMIZATION

TOPOLOGY OPTIMIZATION IS A MATHEMATICAL APPROACH THAT OPTIMIZES MATERIAL LAYOUT WITHIN A GIVEN DESIGN SPACE, FOR A GIVEN SET OF LOADS AND BOUNDARY CONDITIONS SO SUCH THAT THE RESULTING LAYOUT MEETS A PRESCRIBED SET OF PERFORMANCE TARGETS. USING TOPOLOGY OPTIMIZATION, ENGINEERS CAN FIND THE BEST CONCEPT DESIGN THAT MEETS THE DESIGN REQUIREMENTS.



Structural BIM model of one part of the building.

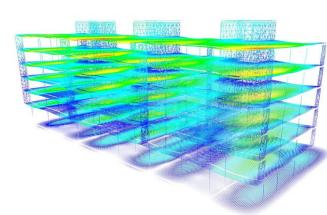
Radisson Hotel São Tomé and Príncipe Urbis Architects

The more than 20 thousand square meters encompassing a large podium, a 12 story and a 7 story height buildings for a luxury hotel with 130 rooms and great facilities, combines distinct structural schemes with long spans and column free, allowing a plentiful open space on the bottom part of the main building and slim floors above. Such design permit MEP services to run freely throughout the building and letting the architectural team arrange the space unreservedly. The proximity to the beach and its high water level imposed the usage of a secant pile wall for the basements, due to the bedrock near the surface.

Consultancy and Design: Foundations / Structures / Water and Gas Supply / Wastewater and Stormwater Drainage and Treatment / Fire Safety

We not only look forward to going higher or deeper in new projects, we also want to find projects that force us to discover and apply new techniques giving them a modern answer and an opportunity to stand out.

We are pleased when we are part of a team which loves designing buildings because we know the desire to go to the next level will be endless.



Structural analysis of the Lobito mixed use building — Ang

Naval Club Complex of Luanda — Angole



Infrastructures

Defined as the basic physical and organizational structures and facilities needed for the operation of a society, infrastructures underlie the basic development of a nation.

The important role infrastructures denote requires careful planning, designing and constructing. Their importance is not the only critical ingredient playing a major role during development and construction, its cost is also vital in decision-making.

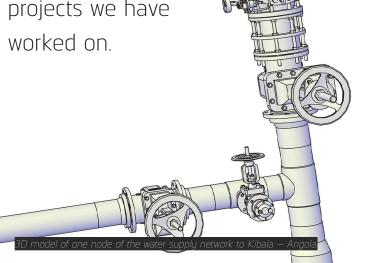
That is why we are so careful when exploring different possible options, using different tools and a variety of techniques. Searching for an advantageous result in projecting something, such as, a road, a water supply or a city masterplan can be the difference between having something useful for the future or having a bunch of countless and costly problems.

To avoid any drawback, we work hard tailoring the

finest and most responsible solution.

It is part of our nature.

Next are some
of the most
important
infrastructures
projects we have



Benguela Blue Ocean Angola

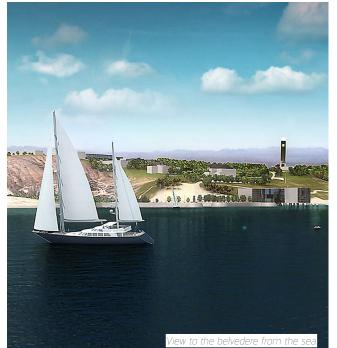
Projek XXI

(authorship and coordination by Just An Architect — João Abreu Architect and co-authorship by Bárbara Abreu Architects)

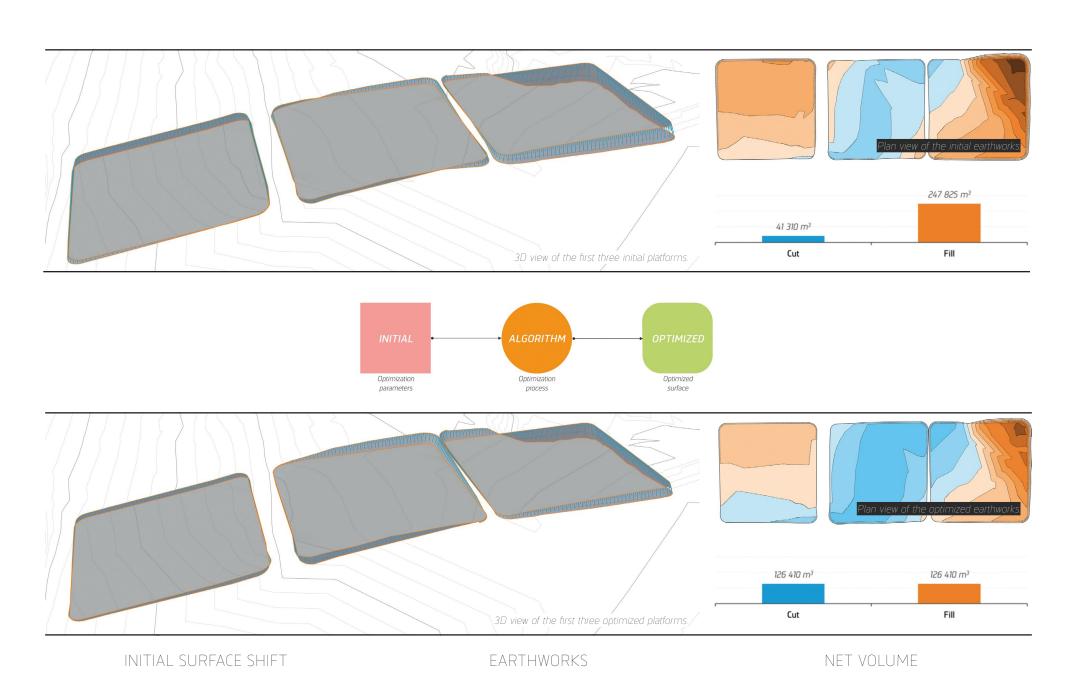
More than 1300 hectares across 3 kilometers of the Atlantic coast are the base for the transformation into a new metropolitan city centre near the city of Benguela. Privileging the sea views, the central avenues branch out into various peripheral roads giving access to residential, commercial, mixed use, educational, cultural, medical, and other recreational and public facilities.

During this sensational project it was essential to carry out a careful examination of the landscape earthworks to accomplish a robust solution. The success of the result was due to a series of parametric trials, targeting the minimal earthwork volume, while preserving the landscape, the prescribed gradings and road profiles without causing any significant conflict with the drainage.

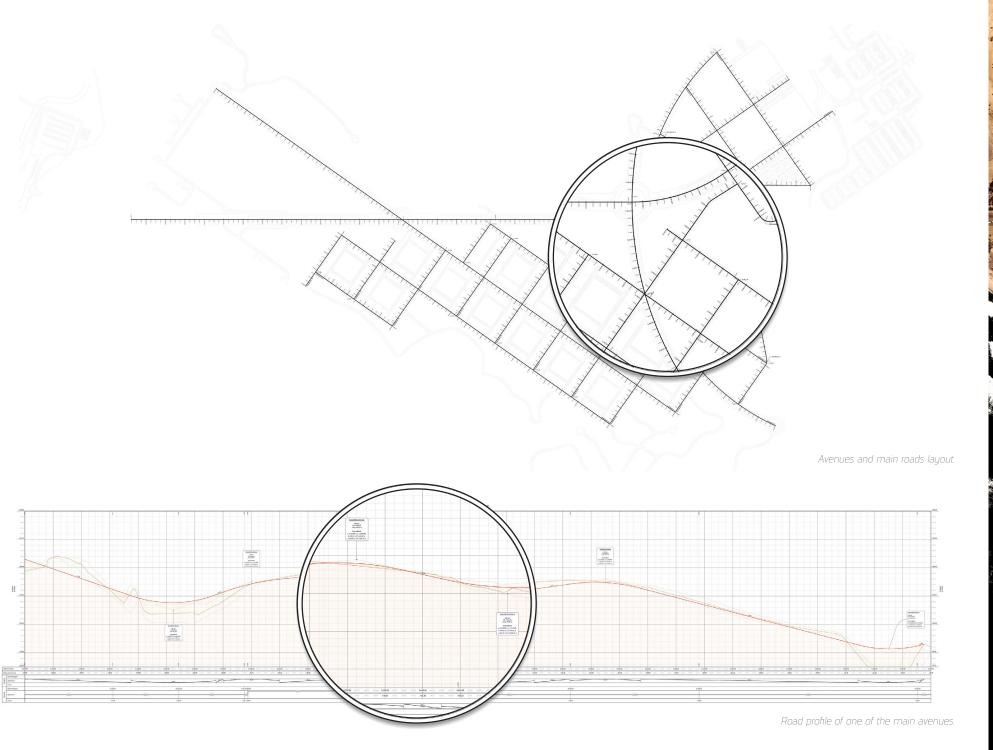
Consultancy and Design: Roads / Earthworks / Water Supply / Wastewater and Stormwater Drainage / Fire Safety







-1,27 -15 -252 280 m³



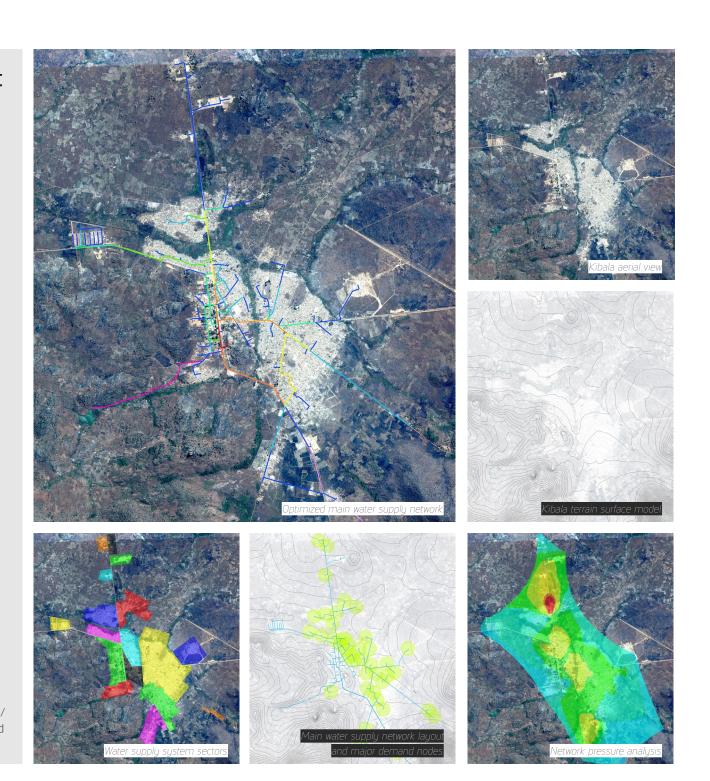


Kibala Water Supply Project Angola COGER

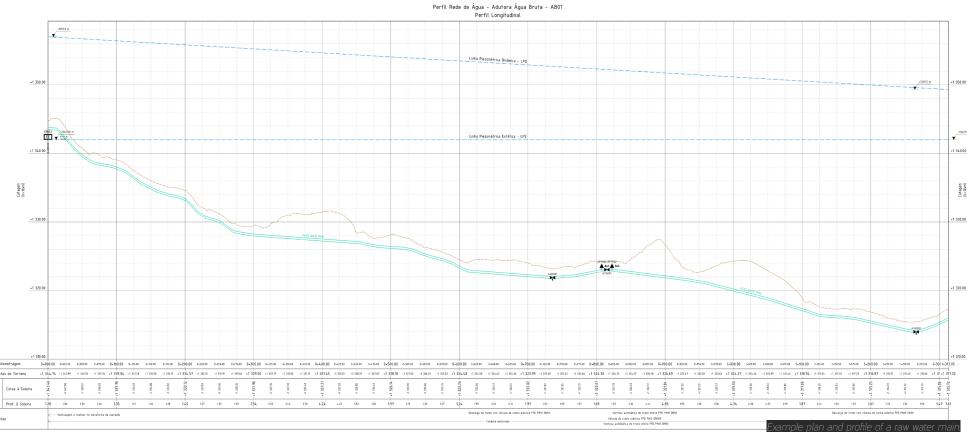
As part of a group of projects to supply water to almost half a million people in Angola, the Kibala project was the first we used as a prototype to establish and develop procedures and tools to assist the design stages, from water collection to distribution, including purification and storage, allowing us to test and analyze different solutions fast and opting for the most advantageous one.

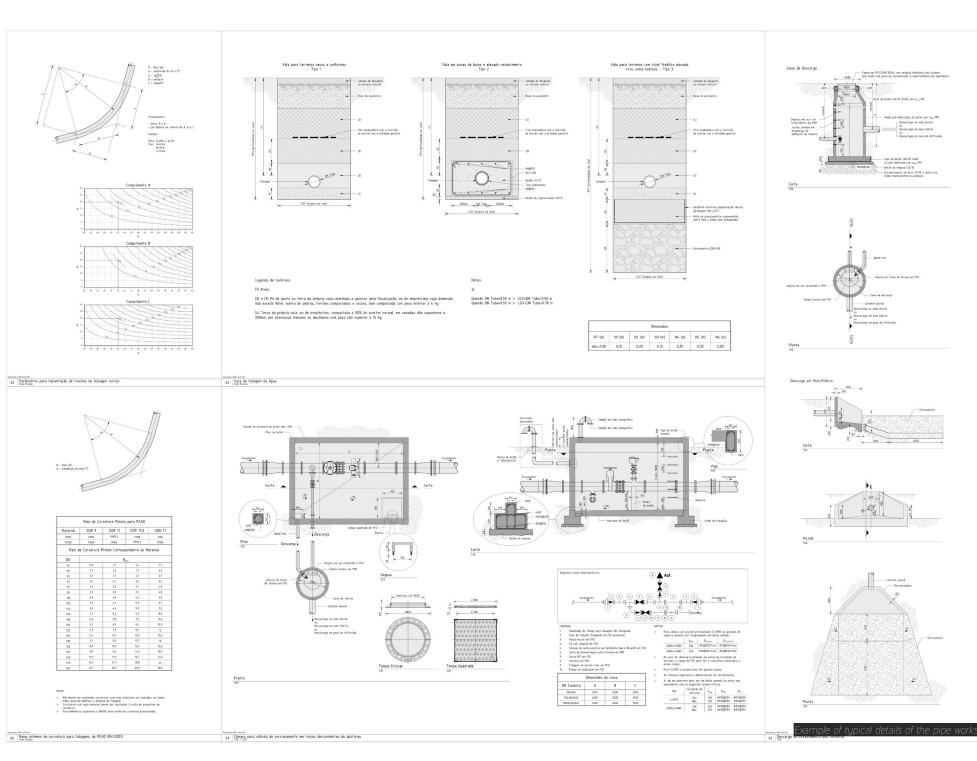
The proposed solutions — oriented to satisfy the demands during the period they were designed for, 10 or 20 years — adopt different types of works, perfectly achieving the objectives of the project.

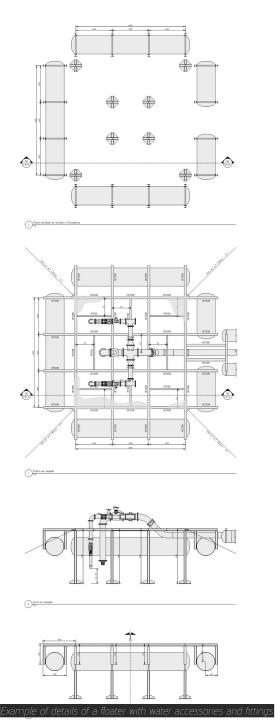
Consultancy and Design: Hydraulics (Water Collection / Raw and Pure Mains / Treatment / Storage / Distribution / Connection) / Power, Telecommunications, Automation and Control (partnership) / Buildings

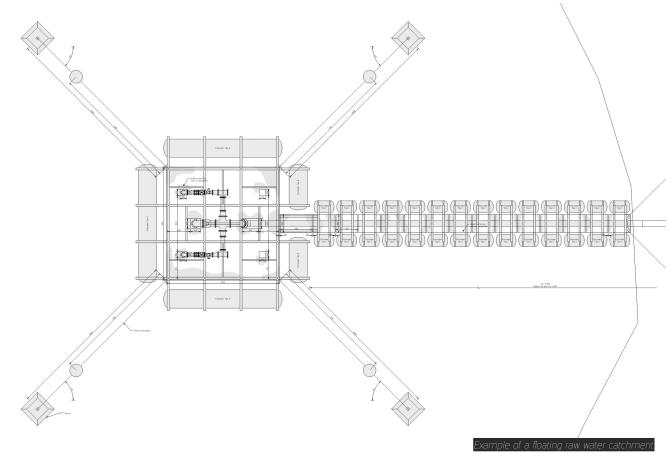
















Bom Jesus Resort Angola

Projek XXI (authorship and coordination by João Ferros Architect)

Starting with clear ideas of preserving nature and highlighting the conservation of the baobab tree, valuing the organic urban mesh arrangement adapted to the terrain morphology, maintaining an attractive and panoramic view capable of providing a relaxing atmosphere, in combination with remote supporting services to executive business and companies.

Consultancy and Design: Roads / Earthworks / Wastewater and Stormwater Drainage / Water Supply / Fire Safety

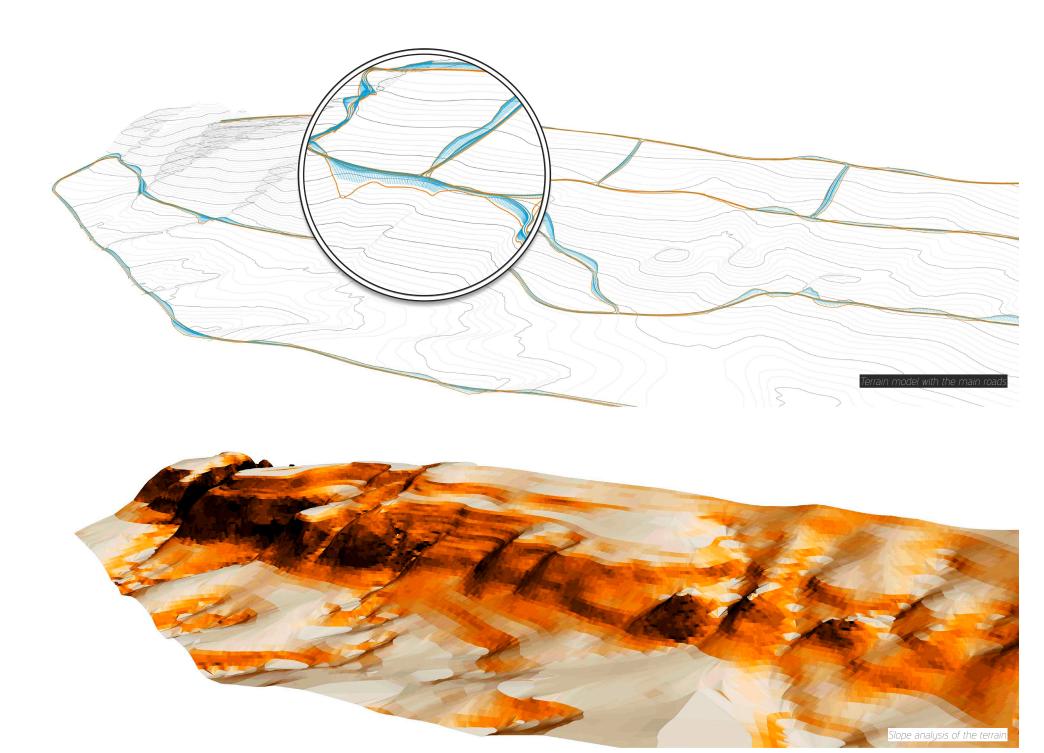












Experiments and Studies

Our job is not only to develop projects from A to B as an automated process. We also spend time experimenting and studying different alternatives, tools and methodologies. Many face such procedures as a waste of time, but we feel it to be something necessary to reach a balanced solution. This is why it is important to be part of the creative process. We can provide engineering inputs to the projects during its development, help architects and designers to create smart buildings, by allying architecture and engineering from the start and not treat them as independent fields.

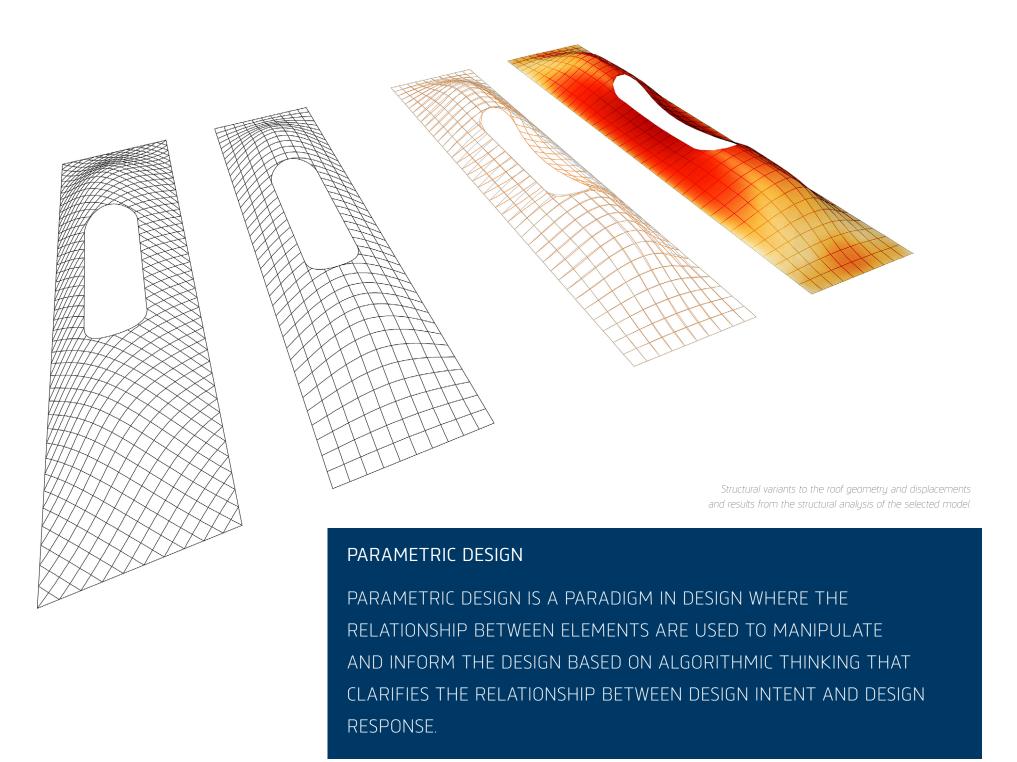
Many of our achievements and work are not exposed explicitly in the projects in which we have been a part of, they just reflect a fragment of the work done, but that is not a problem to us, because the added internal value is much more worthy than one could have thought in the beginning.

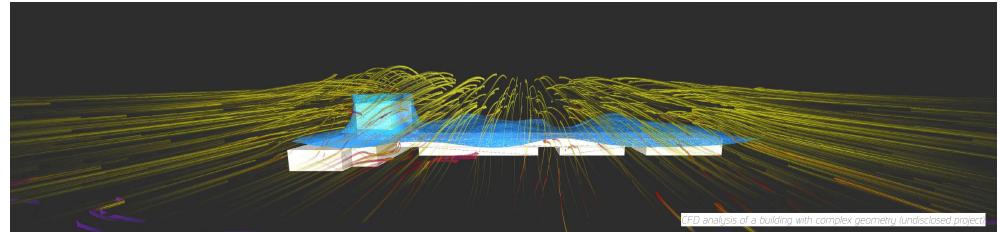
"THE ART IS TO ARRIVE AT A GOOD SOLUTION. THIS IS A CREATIVE ACTIVITY, INVOLVING IMAGINATION, INTUITION AND DELIBERATE CHOICE."

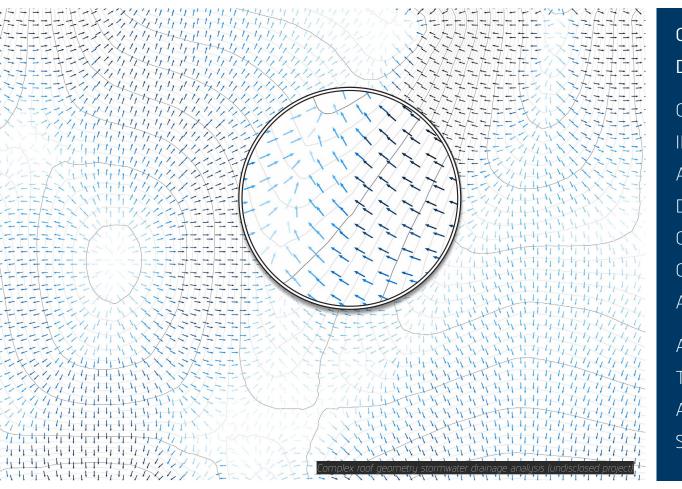
OVE ARUP

Building roof geometry evolution (undisclosed project)

 $4\overline{\iota}$







COMPUTATIONAL FLUID
DYNAMICS (CFD) ANALYSIS

CFD IS THE STUDY OF
INTERACTION OF LIQUIDS
AND GASES WITH SURFACES
DEFINED BY BOUNDARY
CONDITIONS USUALLY USING
COMPUTERS TO PERFORM THE
ANALYSIS.

AN IMPORTANT USAGE OF THIS
TECHNOLOGY IS TO ASSESS THE
AIRFLOW AROUND BUILDING
SITES AND BUILDING FORMS.



ITERATIONS

Trials and Errors: Answers

it • er • a • tion [it-uh-rey-shuh n] noun 1. the process of doing something again and again, usually to improve it, or one of the times you do it.

Findings

Regardless of our experience, we feel we learn new things everyday. The truth is that not everything we do for the first time goes smoothly and without errors. In reality, thanks to those hitches, we learn much more and stumble on other ideas and findings.

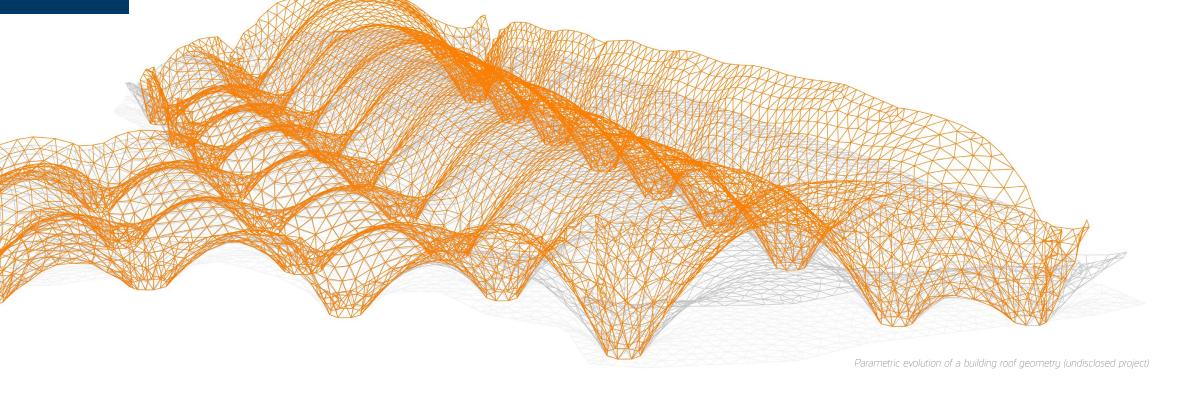
Engineering is like that, it is experimenting. We could simply say it is nothing more than a combination of a variety of learning and experiences that, together, allow us to move forward. Not being afraid to fail allows us to learn. Needless to

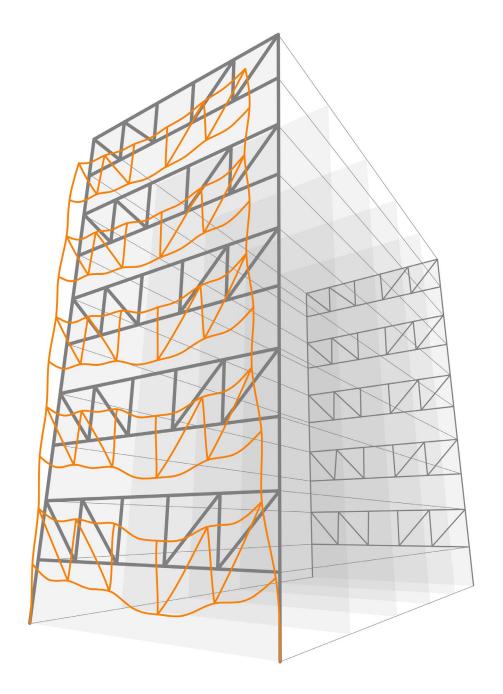
SMART GEOMETRY: FORM FINDING

FORM-FINDING IS ONE OF THE STRATEGIES TO IMPLEMENT
PARAMETRIC DESIGN. THE IDEA BEHIND IT IS TO OPTIMIZE CERTAIN
DESIGN GOALS AGAINST A SET OF DESIGN CONSTRAINTS USING
NUMERICAL METHODS TO FIND NOVEL SOLUTION FOR COMPLEX
PROBLEMS.

say, we do our best to finish off with a polished result. But all this is only possible if we are conscious of the *dos and don'ts* learnt.

ENGINEERING (...) IS NOTHING MORE
THAN A COMBINATION OF A VARIETY
OF LEARNING AND EXPERIENCES THAT,
TOGETHER, ALLOW US TO MOVE
FORWARD.





Buckling results of the main frames of an office building in Luanda — Angola.

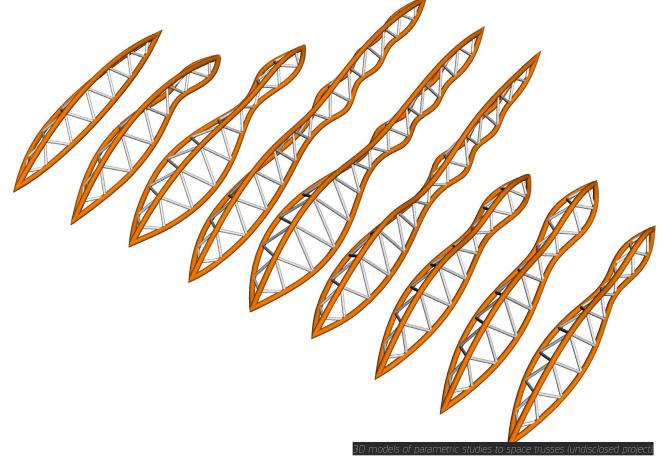
Creating and developing audacious engineering projects is truly challenging. It is constantly defying the rules of nature.

Without having a perfect understanding of physics and the know-how to carry complex simulation analysis of buildings and infrastructures in severe and extreme scenarios, it is not possible to ensure a new step, even with strong will. Natural forces will just not allowed it.

Fortunately the tools available nowadays supply a powerful way to detail and materialize almost everything. From complex geometries of organic

DIGITAL MODELING AND FABRICATION

USING ADVANCED SOFTWARE IT IS POSSIBLE TO CREATE 3D MODELS AND SIMULATE AND TEST A VARIETY OF EVENTS GIVING ROOM FOR ITERATIONS AT A LOW COST. IT IS EVEN POSSIBLE TO CONSTRUCT THESE MODELS USING ADDICTIVE (3D PRINTERS) OR SUBTRACTIVE (CNC. LASER CUTTERS) MANUFACTURING PROCESSES PROVIDING A REAL FEEL AND POSSIBILITY TO RUN AUTHENTIC TESTS. ALLOWING ADJUSTMENTS OF ANYTHING BEFORE GOING TO THE FINAL CONSTRUCTION IN A LARGER SCALE.



roof shapes to twisted terrain surfaces, it is possible to do everything. However, even with growing technologies like 3D printing, an accurate study and understanding of geometry is the key to

creating something unique within the budget. Mastering patterning and paneling are just some of the fundamental techniques.

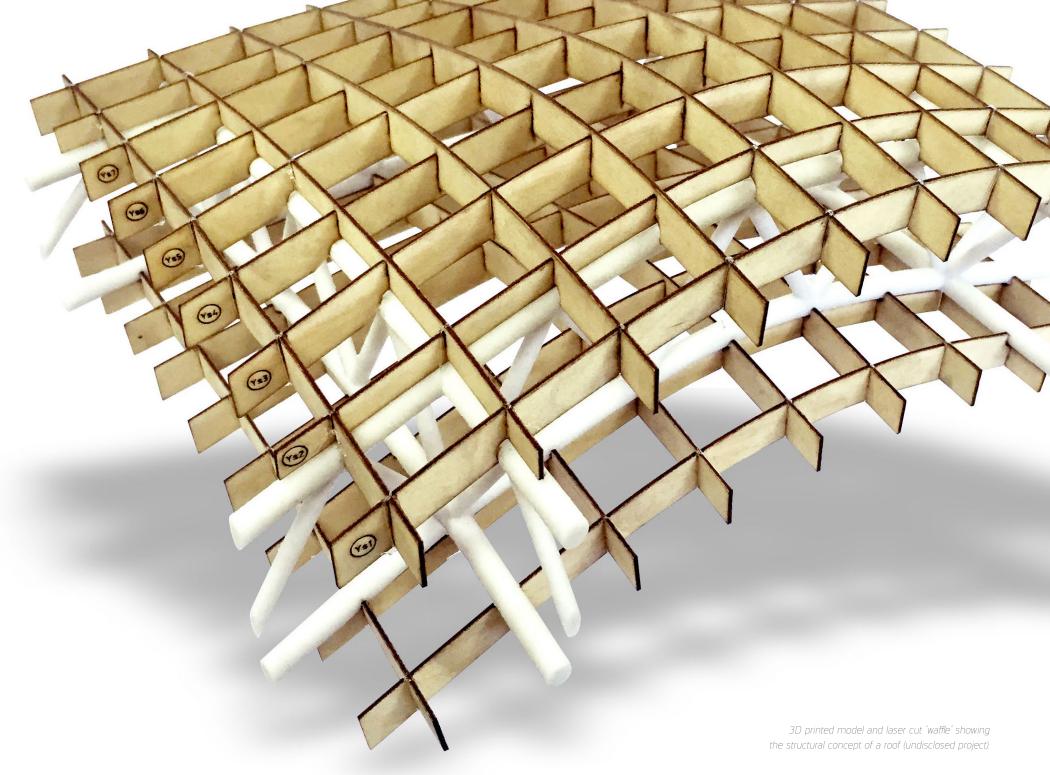
Looking Forward

We look forward to having the opportunity to work with amazing people, the ones who reveal an intense desire of change and obsession to excellence. on remarkable project not only by its size or cost, but especially by its ingenious essence. For these reasons, we put all our energy, expertise and passion, hoping to help our client to achieve their strong aspirations, even if we have to take risks or to leave our comfort zone. because we also aspire to reach the next level.



EXPERIMENTAL LABORATORY

AS PART OF OUR STRATEGY TO EMBRACE THE FUTURE IN CREATION,
ANALYSIS, DESIGN AND CONSTRUCTION, FOLLOWING OUR VISION, WE
HAVE CREATED A BRANCH TO DEAL WITH INSANE PROJECTS THAT ARE
SEEN AS UTOPIAN TODAY, BUT TURNED INTO REALITY TOMORROW. FOR
THIS, WE THOUGHT THAT NO BETTER NAME THAN: EXPERIMENTAL
LABORATORY WOULD REFLECT EXACTLY WHAT WE WANT IT TO BE. WE
REALLY HOPE THIS VENTURE ENGAGES OTHERS TO ALSO EXPLORE IDEAS
AND THINK OUTSIDE THE BOX. WE ARE EXTREMELY OPTIMISTIC ABOUT
THIS!





Credits and Further Words

P • S noun 1. an additional remark at the end of a letter or email.

2. an extra piece of information.

Special Thanks

We would like to thank all our present clients for accepting the invitation to work with us, trusting our work and giving us the motivation to improve every day.

We wish to share our enthusiasm with future clients, valuing the change they could provide us, by offering them our contribution with our services and determination to provide excellence.

Contacts

"EVERY ACCOMPLISHMENT STARTS
WITH THE DECISION TO TRY."

GAIL DEVERS

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Luxury house complex in Maia by PAM

Atelier:

<u>Page 26</u>

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Edition

First Edition (1.2), 2015

RGB

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WE LIVE INSPIRED BY DREAMS,
HOWEVER, IT IS WITH REALISM THAT
WE MAKE DECISIONS.

WE KNOW THE WILL WE HAVE IS THE
BEST REASON OF ALL TO LOOK FOR
NEW CHALLENGES.

ALWAYS!

looking for new challenges.

everyday.

